

Community Education Series

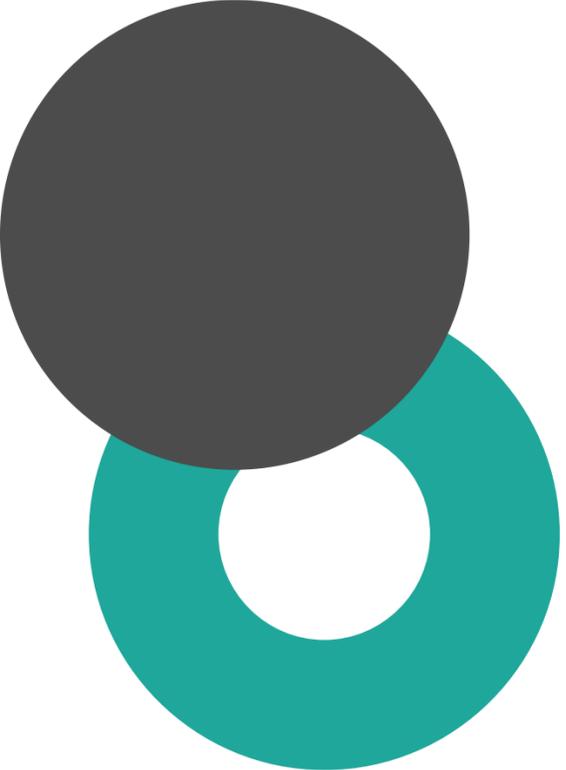
The Recovery Village and Advanced Recovery Systems





Presentation Topic:

The Causes of Despair and Knowing You Are Not Alone



Speaker:

Nicole Dupre

About the Speaker:

Nicole Dupre

Founder & Creative Director



- Nicole Dupre is a community leader with a trusted voice. She has served Central Florida in many capacities. As founder and creative director of Opera del Sol, Nicole's work brings beauty through art. She is passionate about story telling and the power of music. Nicole is also the President of her Neighborhood Association, where she works for the economic and cultural thriving of the community. As a board member of several education initiatives, Nicole helps ensure students find success through mentoring. Now with her work with Project Opioid and her public speaking roles, she hopes by sharing her personal struggles with loss and despair she can help others not feel alone during this unprecedented time.

Community Education Series

The Recovery Village and Advanced Recovery Systems

JOIN US LIVE! OPEN TO THE PUBLIC

THE RECOVERY VILLAGE AND OPERA DEL SOL FIVE-PART SERIES

Every Wednesday in September | 2PM - 3PM EST

How Music Can Help Heal Wounds of Addiction

September 2: Take Your Broken Heart and Turn it Into Art

September 9: Addiction Crisis Through a Mother's Eyes

September 16: How Do We Connect to Generation Z: How to Get Them to Care

September 23: The Causes of Despair and Knowing You are Not Alone

September 30: Are You Ready to Take on New Beginnings?



REGISTER THROUGH ZOOM:

<https://bit.ly/operadelsol>



Opera del Sol was founded in 2017, with the vision of creating immersive, curated experiences that will cater to the imagination of a multigenerational and multiethnic audience as magical as Orlando itself. We desire to move the performing arts beyond the opera house and over the walls of the concert hall and create enthralling theatrical experiences in unexpected places. To strengthen our footprint in the Central Florida arts community.





HOW MUSIC CAN HEAL WOUNDS OF ADDICTION

THE CAUSES OF DESPAIR & KNOWING YOU'RE NOT ALONE



**IF YOU WANT TO BE A
TRUE PROFESSIONAL,
YOU WILL DO SOMETHING
OUTSIDE YOURSELF.
SOMETHING TO REPAIR
TEARS IN YOUR
COMMUNITY. SOMETHING
TO MAKE LIFE A LITTLE
BETTER FOR PEOPLE
LESS FORTUNATE THAN
YOU. THAT'S WHAT I
THINK A MEANINGFUL
LIFE IS - LIVING NOT
FOR ONESELF, BUT FOR
ONE'S COMMUNITY.**

JUSTICE RUTH BADER GINSBURG

Ruth Bader Ginsburg Loved Opera, and Opera Loved Her Back

Justice Ginsburg was the art form's "greatest advocate and our greatest spokesperson," says a leading director.





DO WHAT YOU CAN WITH WHAT YOU HAVE



COVID-19 and the risk of suicide

The emotional and psychological impacts of the pandemic can lead to feelings of hopelessness and thoughts about suicide. Learn the signs and what to do.

[By Mayo Clinic Staff](#)

PATIENT CARE

COVID-19 and the opioid crisis: When a pandemic and an epidemic collide

STACY WISNER, SENIOR STAFF WRITER

COVID-19 pandemic exacerbates suicide risk factors

The Opioid Crisis Requires Attention as Well

Right now, more than 20 million people in our country are living with addiction.

Suicidal Ideation Is Increasing During COVID-19: How Best to Cope



75,000 Americans at risk of dying from overdose or suicide due to coronavirus despair, group warns



By Mallory Simon, CNN

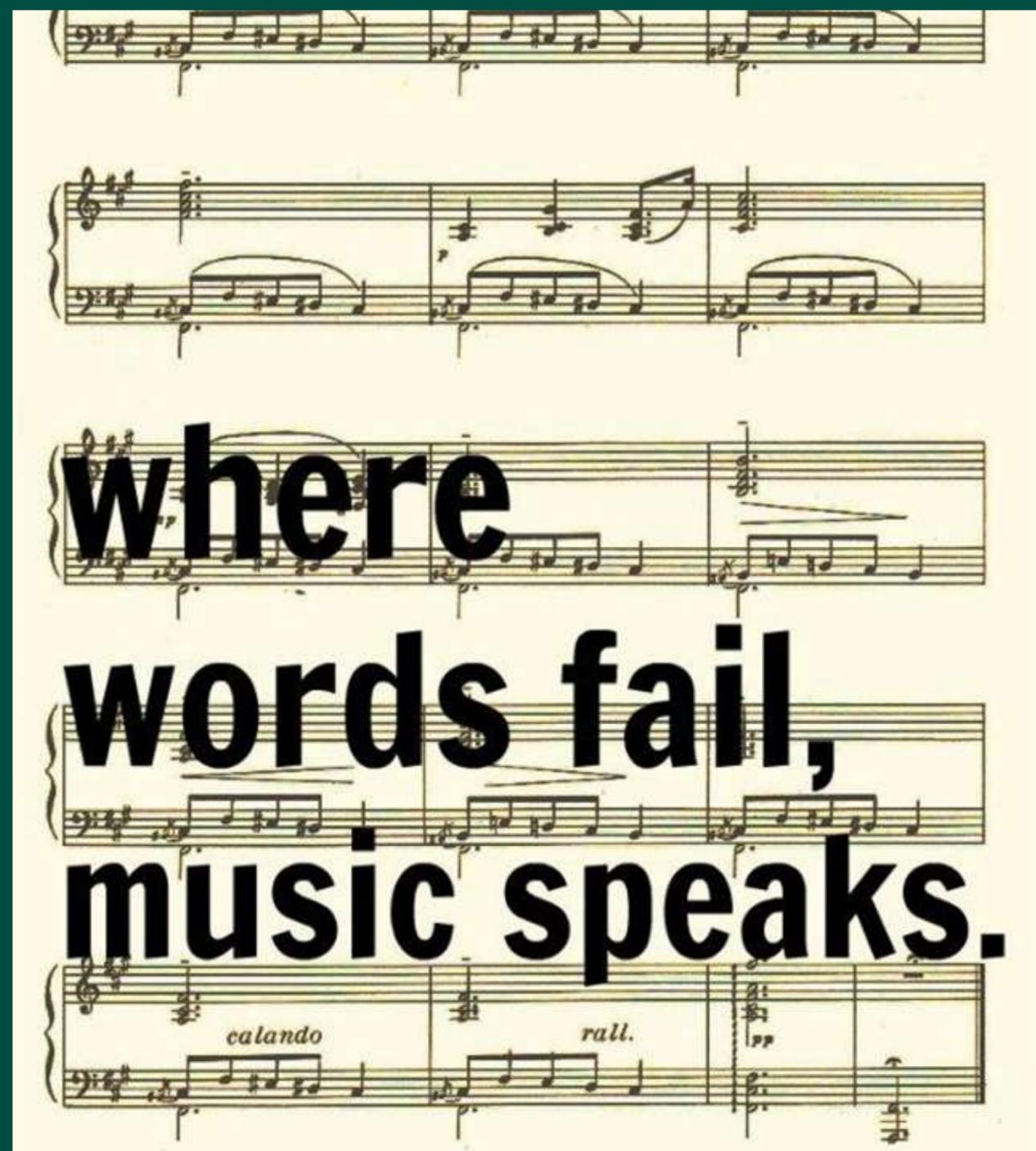
Vermont Health Commissioner Mark Levine, "We've responded to the opioid crisis in this country as if it was only about opioids when, in reality, it's driven by deeper issues associated with mental health, addiction, pain and suffering," Miller says.

"Without a clear framework for comprehensively addressing mental health and addiction, we will continue to tinker and play whack-a-mole looking for solutions."

"By taking stock of the current crisis, predicting the potential loss of life, and creatively deploying local community solutions, it may be possible to prevent the impending deaths of despair. We should not sit idly by, waiting for ...more deaths of despair."

“Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.”

-Plato





**SO MANY GENRES
OF MUSIC WERE
FORMED AS WAYS
OF HEALING AND
STORY TELLING**

**Blues
Jazz
Folk
Hip-Hop
Opera
Country
You name it!**

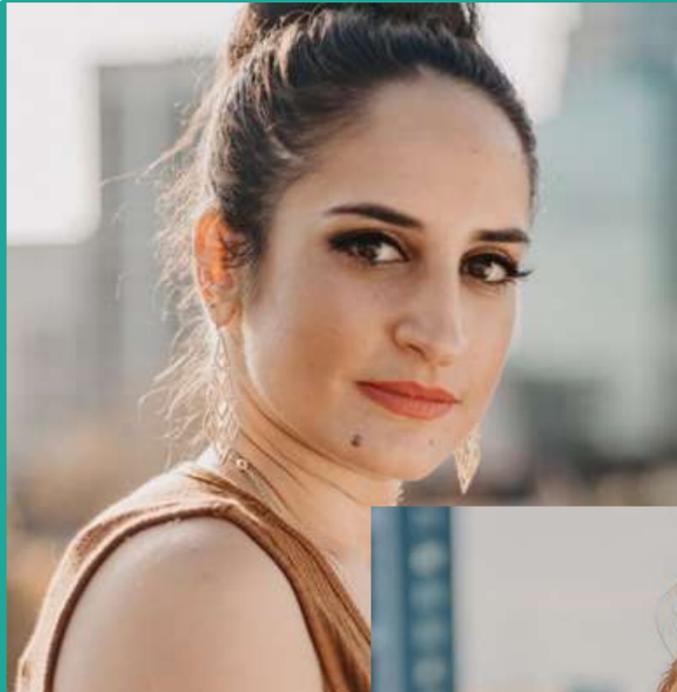


take your
Broken heart
make it
into ART

- Carrie Fisher



NEXT WEEK:



Community Education Series

The Recovery Village and Advanced Recovery Systems

JOIN US LIVE! OPEN TO THE PUBLIC

THE RECOVERY VILLAGE AND OPERA DEL SOL FIVE-PART SERIES

Every Wednesday in September | 2PM - 3PM EST

How Music Can Help Heal Wounds of Addiction

September 2: Take Your Broken Heart and Turn it Into Art

September 9: Addiction Crisis Through a Mother's Eyes

September 16: How Do We Connect to Generation Z: How to Get Them to Care

September 23: The Causes of Despair and Knowing You are Not Alone

September 30: Are You Ready to Take on New Beginnings?



REGISTER THROUGH ZOOM:

<https://bit.ly/operadelsol>



QUESTIONS



THANK YOU

